

## **B.A(PSYCHOLOGY)**

<b>Semester</b>	<b>Subject Code</b>	<b>Subject</b>
SEM-I	BA(PSYCHOLOGY)-101	BASIC PSYCHOLOGICAL PROCESSES-I
SEM-I	BA(PSYCHOLOGY)-102	PSYCHOLOGY (PRACTICAL)
SEM-III	BA(PSYCHOLOGY)-301	EXPERIMENTAL PSYCHOLOGY-I (THEORY)
SEM-III	BA(PSYCHOLOGY)-302	PSYCHOLOGY (PRACTICAL)
SEM-V	BA(PSYCHOLOGY)-501	ABNORMAL PSYCHOLOGY-I (THEORY)
SEM-V	BA(PSYCHOLOGY)-502	PSYCHOLOGY (PRACTICAL)

**LESSON PLAN B.A(PSYCHOLOGY) SEMESTER-I**  
**BASIC PSYCHOLOGICAL PROCESSES–I**

<b>TOPIC</b>	<b>NOTES/STRATERGIES/RESOURCES</b>	<b>TIME</b>
Chapter-1-Nature of psychology		2 weeks (12 periods)
Introduction	This chapter gives introduction related Psychology as a science and brief introduction related to the history of psychology	
Body of the lesson	<p><b>Contents</b></p> <ul style="list-style-type: none"> <li>• Psychology as a Science</li> <li>• Historical background of psychology with brief introduction to schools</li> <li>• Structuralism</li> <li>• Functionalism</li> <li>• Psychoanalysis</li> <li>• Behaviorism</li> <li>• Gestalt</li> <li>• Humanistic</li> </ul> <p><b>Notes:</b> hand written notes  <b>Books:</b> Introduction to Psychology by Shashi Jain            Introduction to Psychology by Rathus            : Introduction to Psychology by Morgan and King</p> <p><b>Activity:</b></p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on Psychology and modern life</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	
conclusion	<p><b>Home work and assignments</b></p> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• Use of psychology in daily life</li> </ul>	
Chapter-2 Methods		
	This chapter explains all the methods of	2 weeks

Introduction	psychology along with their merits and demerits.	(12 periods)
Body of the lesson	<ul style="list-style-type: none"> <li>• Introspection</li> <li>• Observation</li> <li>• Experiment</li> <li>• Case Study</li> <li>• Interview</li> </ul> <p>Questionnaire.  <b>Notes:</b> hand written notes  <b>Books:</b> Introduction to Psychology by Shashi Jain  Introduction to Psychology by Rathus  : Introduction to Psychology by Morgan and King</p> <p><b>Activity:</b></p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on case study</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	
conclusion	<p><b>Home work and assignments</b></p> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• Practice survey method and case study.</li> </ul>	

TOPIC	NOTES/STRATERGIES/RESOURCES	TIME
Chapter-3 understanding individual differences		2 weeks (12 periods)
Introduction	This chapter gives deep understanding of individual differences and how to measure these differences through various psychological tests.	

Body of the lesson	<ul style="list-style-type: none"> <li>• Nature</li> <li>• uses of Psychological Tests</li> <li>• Characteristics of Good Psychological Tests</li> <li>• Types of Psychological Tests (Verbal vs. Non-verbal test, Individual vs. Group, Speed vs. power tests, Paper and Pencil Tests vs. Performance Tests, Essay vs. objective type Tests)</li> <li>• Ethical issues in Psychological Testing</li> </ul> <p><b>Notes:</b> hand written notes</p> <p><b>Books:</b> Introduction to Psychology by Shashi Jain Introduction to Psychology by Rathus Introduction to Psychology by Morgan and King</p> <p><b>Activity:</b></p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on individual differences in psychology</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	
conclusion	<p><b>Home work and assignments</b></p> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• Practice psychological tests</li> </ul>	
<b>Chapter-4 learning</b>		
Introduction	This chapter explains the meaning and importance of learning in Psychology.	2 weeks (12 periods)
Body of the lesson	<ul style="list-style-type: none"> <li>• Introduction to learning</li> <li>• Nature and characteristics of learning process</li> <li>• Trial and Error learning &amp; Insight.</li> <li>• A brief introduction to the concepts of Classical and Instrumental conditioning (Paradigm and the typical experiments),</li> <li>• Social/observational learning.</li> </ul> <p><b>Notes:</b> hand written notes</p> <p><b>Books:</b> Introduction to Psychology by Shashi Jain</p>	

	<p>Introduction to Psychology by Rathus Introduction to Psychology by Morgan and King</p> <p><b>Activity:</b></p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on learning</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	
conclusion	<p><b>Home work and assignments</b></p> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• Use of learning in school counselling</li> </ul>	

TOPIC	NOTES/STRATEGIES/RESOURCES	TIME
Chapter-5 Intelligence		1 week (6 periods)
Introduction	<p>This chapter explains the meaning and importance of Intelligence in Psychology</p>	
Body of the lesson	<ul style="list-style-type: none"> <li>• Nature of Intelligence</li> <li>• Theories (Spearman and Thurston), Cognitive Theories (Gardener and Sternberg)</li> <li>• Concept of Emotional Intelligence,</li> <li>• Nature and Nurture issue in intelligence.</li> </ul> <p><b>Notes:</b> hand written notes <b>Books:</b> Introduction to Psychology by Shashi Jain Introduction to Psychology by Rathus : Introduction to Psychology by Morgan and King</p> <p><b>Activity:</b></p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on intelligence testing</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	

conclusion	<p><b>Home work and assignments</b></p> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• Practice intelligence tests</li> </ul>	
Chapter-6 Measures of central tendency		1 week (6 periods)
Introduction	This chapter introduces the statistics in psychology and narrates the importance of statistics in Psychology.	
Body of the lesson	<ul style="list-style-type: none"> <li>• Meaning and Characteristics of good measure of central tendency.</li> <li>• Measures of central tendency:</li> <li>• Arithmetic Mean</li> <li>• Median</li> <li>• Mode with their merits and demerits</li> </ul>	
conclusion	<p><b>Home work and assignments</b></p> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• Practice the methods</li> </ul>	

## LESSON PLAN B.A(PSYCHOLOGY) SEMESTER-III

### EXPERIMENTAL PSYCHOLOGY-I (THEORY)

TOPIC	NOTES/STRATERGIES/RESOURCES	TIME
Chapter-1-Experimental Psychology		2 weeks (12 periods)
Introduction		
Body of the lesson	<p><b>Contents</b></p> <ul style="list-style-type: none"> <li>• Experimental Psychology</li> <li>• Introduction</li> <li>• Nature of Experimental Method</li> <li>• Advantage and Disadvantage</li> </ul> <p><b>Notes:</b> hand written notes  <b>Books:</b> Introduction to Psychology by Shashi Jain            Introduction to Psychology by Rathus            : Introduction to Psychology by Morgan and King</p> <p><b>Activity:</b></p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on Psychology and modern life</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	
conclusion	<p><b>Home work and assignments</b></p> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> </ul>	
Chapter-2 Variables		1 week (6periods)
Introduction		
Body of the lesson	<p><b>Contents:</b></p> <ul style="list-style-type: none"> <li>• Variables: Types of Variables</li> <li>• Stimulus</li> <li>• Organism and Response Variables</li> <li>• Process of experimentation</li> <li>• manipulation and control of variables,</li> <li>• Concept of within and between Experimental Designs</li> </ul> <p><b>Notes:</b> hand written notes</p>	

	<p><b>Books:</b> Introduction to Psychology by Shashi Jain Introduction to Psychology by Rathus Introduction to Psychology by Morgan and King</p> <p><b>Activity:</b></p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on Psychology and modern life</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	
conclusion	<p><b>Home work and assignments</b></p> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> </ul>	

TOPIC	NOTES/STRATERGIES/RESOURCES	TIME
Chapter-3 Sensation		2 weeks(12 periods)
Introduction	This chapter explains the function of Sensation in human life and how our sense organs work.	
Body of the lesson	<p><b>Contents:</b></p> <ul style="list-style-type: none"> <li>• Sensation: Types of sensations</li> <li>• Visual sensation</li> <li>• Structure and functions of the eye.</li> <li>• Theories of color vision (Young-Helmholtz. Opponent-Process &amp; Evolutionary).</li> <li>• Auditory sensation: Structure and functions of the Ear-Theories of hearing.</li> <li>• Brief introduction to cutaneous sensation, olfactory sensation and gustatory sensation</li> </ul> <p><b>Notes:</b> hand written notes</p> <p><b>Books:</b> Introduction to Psychology by Shashi Jain Introduction to Psychology by Rathus Introduction to Psychology by Morgan and King</p> <p><b>Activity:</b></p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on Psychology and modern life</li> <li>• QUIZ</li> <li>• Prepare a chart featuring all the emotions</li> </ul>	



conclusion	<b>Home work and assignments</b> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• assignment</li> </ul>	
Chapter-4 Perceptual processes		1 week (6 periods)
Introduction	This chapter explains the meaning and importance of Perception in Psychology.	
Body of the lesson	<p><b>Contents:</b></p> <ul style="list-style-type: none"> <li>• Perceptual Processes</li> <li>• Selective Attention</li> <li>• Nature and factors affecting perception</li> <li>• Principles of perception (organization)</li> <li>• perception of form</li> <li>• contour and contrast</li> <li>• figure-ground differentiation</li> <li>• perceptual set</li> </ul> <p><b>Notes:</b> hand written notes</p> <p><b>Books:</b> Introduction to Psychology by Shashi Jain Introduction to Psychology by Rathus : Introduction to Psychology by Morgan and King</p> <p><b>Activity:</b></p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on Psychology and modern life</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	
conclusion	<b>Home work and assignments</b> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> </ul>	

TOPIC	NOTES/STRATERGIES/RESOURCES	TIME
Chapter-5 perception of movement		2 weeks (12 periods)

Introduction		
Body of the lesson	<ul style="list-style-type: none"> <li>• Perception of Movement</li> <li>• Image-Retina and Eye-Head movement system</li> <li>• Apparent movement Induced movement</li> <li>• Auto Kinetic movement</li> </ul> <p><b>Notes:</b> hand written notes  <b>Books:</b> Introduction to Psychology by Shashi Jain  Introduction to Psychology by Rathus  : Introduction to Psychology by Morgan andKing  Activity:</p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on Psychology and modern life</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	
conclusion	<p><b>Home work and assignments</b></p> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• assignment</li> </ul>	
<b>TOPIC</b>	<b>NOTES/STRATERGIES/RESOURCES</b>	<b>TIME</b>
Chapter-6- perception of space		2 weeks (12 periods)
Introduction		
Body of the lesson	<ul style="list-style-type: none"> <li>• Perception of Space</li> <li>• Monocular and Binocular cues for space perception.</li> <li>• Perceptual constancies lightness</li> <li>• Brightness, size and shape.</li> </ul> <p><b>Notes:</b> hand written notes  <b>Books:</b> Introduction to Psychology by Shashi Jain  Introduction to Psychology by Rathus  : Introduction to Psychology by Morgan andKing  Activity:</p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on Psychology and modern life</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	

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conclusion	<b>Home work and assignments</b> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• Practice personality testing</li> </ul>	
<b>TOPIC</b>	<b>NOTES/STRATERGIES/RESOURCES</b>	<b>TIME</b>
Chapter-6- Illusion		1 weeks (6 periods)
Introduction		
Body of the lesson	<ul style="list-style-type: none"> <li>• Illusions:</li> <li>• Types, causes and theories</li> </ul> <p><b>Notes:</b> hand written notes  <b>Books:</b> Introduction to Psychology by Shashi Jain  Introduction to Psychology by Rathus  : Introduction to Psychology by Morgan andKing  Activity:</p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on Psychology and modern life</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	
conclusion	<b>Home work and assignments</b> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• assignment</li> </ul>	
Chapter-6- statistics		1 weeks(6 periods)
Introduction	This chapter introduces the statistics in psychology and narrates the importance of statistics in Psychology.	
Body of the lesson	<ul style="list-style-type: none"> <li>• Statistics</li> <li>• Normal Probability Curve</li> <li>• Its nature and characteristics</li> <li>• Numerical of Areas under NPC only</li> </ul>	Body of the lesson

	<p><b>Notes:</b> hand written notes</p> <p><b>Books:</b> Introduction to Psychology by Shashi Jain Introduction to Psychology by Rathus Introduction to Psychology by Morgan and King</p> <p>Activity:</p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on Psychology and modern life</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	
conclusion	<p><b>Home work and assignments</b></p> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• assignment</li> </ul>	

**LESSON PLAN B.A(PSYCHOLOGY) SEMESTER-V**  
**ABNORMAL PSYCHOLOGY–I (THEORY)**

<b>TOPIC</b>	<b>NOTES/STRATERGIES/RESOURCES</b>	<b>TIME</b>
Chapter-1 Abnormality		2 weeks (12 periods)
Introduction		
Body of the lesson	<p><b>Contents</b></p> <ul style="list-style-type: none"> <li>• Abnormality</li> <li>• Concept</li> <li>• Criteria of Abnormality</li> <li>• Myth and Misconceptions regarding Abnormal Behavior</li> <li>• DSM IV classification of Abnormal Behavior</li> <li>• Advantages and disadvantages</li> </ul> <p><b>Notes:</b> hand written notes</p> <p><b>Books:</b> Carson, R.C., Butcher, J.N. and Mineka, S. (1997), Abnormal Psychology and Modern Life, New York: Harper Collins. 2. Davison, G.C. and Neale, J.M. (1998), Abnormal Psychology, New York: John Wiley and Sons. 3. Sarason, I.G. and Sarason, B.R. (1996), Abnormal Psychology, New Delhi: Prentice Hall of India. 4. Singh, A. Asadharan Manovigyan, Punjabi University, Patiala. 5. Alloy, L.B., Riskind, J.H. &amp; Manso, M.J. (2006), Abnormal Psychology Tata McGraw Hill Publishing Company, New Delhi.</p> <p><b>Activity:</b></p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on Psychology and modern life</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	

conclusion	<b>Home work and assignments</b> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• assignment</li> </ul>	
Chapter-2 Theoretical perspective of Psychopathology		2 week (12periods)
Introduction		
Body of the lesson	<b>Contents:</b> <ul style="list-style-type: none"> <li>• Theoretical Perspectives of Psychopathology</li> <li>• Psychoanalytic,</li> <li>• Cognitive Behavioral</li> <li>• Humanistic and Interpersonal (Sullivan)</li> </ul> <b>Notes:</b> hand written notes <b>Books:</b> Carson, R.C., Butcher, J.N. and Mineka, S. (1997), Abnormal Psychology and Modern Life, New York: Harper Collins. 2. Davison, G.C. and Neale, J.M. (1998), Abnormal Psychology, New York: John Wiley and Sons. 3. Sarason, I.G. and Sarason, B.R. (1996), Abnormal Psychology, New Delhi: Prentice Hall of India. 4. Singh, A. Asadharan Manovigyan, Punjabi University, Patiala. 5. Alloy, L.B., Riskind, J.H. & Manso, M.J. (2006), Abnormal Psychology Tata McGraw Hill Publishing Company, New Delhi.	
conclusion	<b>Home work and assignments</b> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• assignment</li> </ul>	

TOPIC	NOTES/STRATERGIES/RESOURCES	TIME
Chapter-3 Causes of abnormal behavior		2 weeks (12 periods)
Introduction		
Body of the lesson	<p><b>Contents:</b></p> <ul style="list-style-type: none"> <li>• Causes of Abnormal Behaviour</li> <li>• Primary, Predisposing</li> <li>• Precipitating reinforcing</li> <li>• Biological Causes–(Genetic defects, constitutional liabilities, Brain dysfunction &amp; Physical deprivation)</li> <li>• Psycho-Social Causes–(Self-perception and cognitive maps, early deprivation, Inadequate parenting, pathogenic family structures, maladaptive peer relationship.</li> <li>• Socio-Cultural Causes–(Socio-Cultural Environment and Pathogenic societal influences).</li> </ul> <p><b>Notes:</b> hand written notes</p> <p><b>Books:</b> Carson, R.C., Butcher, J.N. and Mineka, S. (1997), Abnormal Psychology and Modern Life, New York: Harper Collins. 2. Davison, G.C. and Neale, J.M. (1998), Abnormal Psychology, New York: John Wiley and Sons. 3. Sarason, I.G. and Sarason, B.R. (1996), Abnormal Psychology, New Delhi: Prentice Hall of India. 4. Singh, A. Asadharan Manovigyan, Punjabi University, Patiala. 5. Alloy, L.B., Riskind, J.H. &amp; Manso, M.J. (2006), Abnormal Psychology Tata McGraw Hill Publishing Company, New Delhi.</p> <p><b>Activity:</b></p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on Psychology and modern life</li> <li>• QUIZ</li> <li>• Prepare a chart featuring all the emotions</li> </ul>	

conclusion	<b>Home work and assignments</b> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• assignment</li> </ul>	
<b>TOPIC</b>	<b>NOTES/STRATERGIES/RESOURCES</b>	<b>TIME</b>
Chapter-4 –Stress and coping		1 week (6 periods)
Introduction		
Body of the lesson	<b>Contents:</b> <ul style="list-style-type: none"> <li>• Stress &amp; Coping</li> <li>• Categories of Stressors</li> <li>• Factors Predisposing an individual to stress</li> <li>• Coping strategies</li> </ul> <p><b>Notes:</b> hand written notes</p> <p><b>Books:</b> Carson, R.C., Butcher, J.N. and Mineka, S. (1997), Abnormal Psychology and Modern Life, New York: Harper Collins. 2. Davison, G.C. and Neale, J.M. (1998), Abnormal Psychology, New York: John Wiley and Sons. 3. Sarason, I.G. and Sarason, B.R. (1996), Abnormal Psychology, New Delhi: Prentice Hall of India. 4. Singh, A. Asadharan Manovigyan, Punjabi University, Patiala. 5. Alloy, L.B., Riskind, J.H. &amp; Manso, M.J. (2006), Abnormal Psychology Tata McGraw Hill Publishing Company, New Delhi.</p> <p><b>Activity:</b></p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on Psychology and modern life</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	
conclusion	<b>Home work and assignments</b> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> </ul>	



TOPIC	NOTES/STRATEGIES/RESOURCES	TIME
Chapter-5 Stress related disorders		2 weeks (12 periods)
Introduction		
Body of the lesson	<ul style="list-style-type: none"> <li>• Stress Related Disorders</li> <li>• Coronary Heart Disease (CHD)</li> <li>• Hypertension Ulcers</li> <li>• Migraine</li> <li>• Pain</li> <li>• Symptoms Causes and general treatment of stress related disorders.</li> </ul> <p><b>Notes:</b> hand written notes</p> <p><b>Books:</b> Carson, R.C., Butcher, J.N. and Mineka, S. (1997), Abnormal Psychology and Modern Life, New York: Harper Collins. 2. Davison, G.C. and Neale, J.M. (1998), Abnormal Psychology, New York: John Wiley and Sons. 3. Sarason, I.G. and Sarason, B.R. (1996), Abnormal Psychology, New Delhi: Prentice Hall of India. 4. Singh, A. Asadharan Manovigyan, Punjabi University, Patiala. 5. Alloy, L.B., Riskind, J.H. &amp; Manso, M.J. (2006), Abnormal Psychology Tata McGraw Hill Publishing Company, New Delhi.</p> <p><b>Activity:</b></p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on Psychology and modern life</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	
conclusion	<p><b>Home work and assignments</b></p> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• assignment</li> </ul>	

TOPIC	NOTES/STRATERGIES/RESOURCES	TIME
Chapter-6- Alcoholism		2 weeks (12 periods)
Introduction		
Body of the lesson	<ul style="list-style-type: none"> <li>• Alcoholism</li> <li>• Misconception about Alcohol &amp; Alcoholism</li> <li>• Clinical Picture</li> <li>• Causes</li> <li>• Treatment &amp; Outcomes</li> </ul> <p><b>Notes:</b> hand written notes</p> <p><b>Books:</b> Carson, R.C., Butcher, J.N. and Mineka, S. (1997), Abnormal Psychology and Modern Life, New York: Harper Collins. 2. Davison, G.C. and Neale, J.M. (1998), Abnormal Psychology, New York: John Wiley and Sons. 3. Sarason, I.G. and Sarason, B.R. (1996), Abnormal Psychology, New Delhi: Prentice Hall of India. 4. Singh, A. Asadharan Manovigyan, Punjabi University, Patiala. 5. Alloy, L.B., Riskind, J.H. &amp; Manso, M.J. (2006), Abnormal Psychology Tata McGraw Hill Publishing Company, New Delhi.</p> <p>Activity:</p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on Psychology and modern life</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	
conclusion	<p><b>Home work and assignments</b></p> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• Practice personality testing</li> </ul>	

TOPIC	NOTES/STRATERGIES/RESOURCES	TIME
Chapter-7- Drug Addiction		1 weeks (6 periods)
Introduction		
Body of the lesson	<ul style="list-style-type: none"> <li>• Drug Addiction</li> <li>• Clinical Picture</li> <li>• Causes and Treatment of Opium and its Derivatives</li> <li>• Sedatives (Barbiturates), Stimulants (Amphetamines &amp; Cocaine):</li> <li>• Hallucinogens (LSD &amp; related drugs) Marijuana, Caffeine &amp; Nicotine.</li> </ul> <p><b>Notes:</b> hand written notes</p> <p><b>Books-</b>Carson, R.C., Butcher, J.N. and Mineka, S. (1997), Abnormal Psychology and Modern Life, New York: Harper Collins. 2. Davison, G.C. and Neale, J.M. (1998), Abnormal Psychology, New York: John Wiley and Sons. 3. Sarason, I.G. and Sarason, B.R. (1996), Abnormal Psychology, New Delhi: Prentice Hall of India. 4. Singh, A. Asadharan Manovigyan, Punjabi University, Patiala. 5. Alloy, L.B., Riskind, J.H. &amp; Manso, M.J. (2006), Abnormal Psychology Tata McGraw Hill Publishing Company, New Delhi</p> <p>Activity:</p> <ul style="list-style-type: none"> <li>• Write an essay or paragraph on Psychology and modern life</li> <li>• QUIZ</li> <li>• Movie</li> </ul>	Body of the lesson
conclusion	<p><b>Home work and assignments</b></p> <ul style="list-style-type: none"> <li>• Latest research in the field</li> <li>• Test</li> <li>• assignment</li> </ul>	